

GREATER LAWRENCE VOCATIONAL TECH. SCHOOL LUNCH MENU WEEK OF April 8,-April 12, 2024

Lunch Daily - Paid Meals - \$ 3.00

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets served with Seasoned Vegetable, Tater Tots, w.w. Dinner Roll & Fresh or Canned Fruit	Shepherd's Pie served with w.w. Dinner Roll & Fresh or Canned Fruit	Cheese Pizza (w.g.) with Seasoned Corn, Carrot Sticks & Fresh or Canned Fruit	Chicken Fajita w.w. Wrap, with Peppers & Onions, Served with w.g. Brown Rice & Bean Salad & Fresh or Canned Fruit	Grilled Cheese w.w. Sandwich or Smoothie both served with Soup and Vegetable & Fresh or Canned Fruit

Lettuce and Tomato Available Daily

8 oz. of Assorted Milk Offered Daily

Cold Sub - Grab & Go - Monday - Friday - Choose One

<u>Monday</u> -	Ham & cheese ww sub or turkey & cheese ww sub, lettuce, tomato, chips & fresh or canned fruit.
<u>Tuesday</u> -	Ham & cheese ww sub or turkey & cheese ww sub, lettuce, chips, tomato & fresh or canned fruit.
<u>Wednesday</u> -	Fish wg fillet on ww roll or yogurt parfait with wg soft pretzel, seasoned corn, carrot sticks & fresh or canned fruit.
<u>Thursday</u> -	Ham & cheese ww sub or turkey & cheese ww sub, lettuce, tomato, chips & fresh or canned fruit.
<u>Friday</u> -	Ham & cheese ww sub or turkey & cheese ww sub or tuna ww sub, lettuce, tomato, wg crackers & fresh or canned fruit.

Salads Available Daily - with w.w. pita bread & fresh or canned fruit

Monday - Garden salad topped with chicken
Garden salad topped with ham

Thursday - Garden salad topped with chicken
Greek salad

Tuesday - Garden salad topped with chicken
Garden salad topped with hummus and taboule

Friday - Garden salad topped with chicken
Garden salad topped with tuna

Wednesday - Garden salad topped with chicken
Garden salad topped with egg

Adult meals -\$5.00
Menu subject to change

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY

wg - whole grain
ww- whole wheat

This institution is an equal opportunity provider